



KNOWSKILLS
TVET

HOSPITALITY COMPETITION

NAPKIN FOLDING AND TABLE SETTING

ORGANISED BY
KNOWSKILLS TVET COLLEGE

RULES AND REGULATIONS: BED MAKING COMPETITION

Objective:

Participants must demonstrate professional bed-making techniques while adhering to industry standards, showcasing speed, efficiency, and attention to detail.

Eligibility:

- Open to individual, age from 18 to 30 years old.
- Participants must have basic knowledge of housekeeping procedures.

General Rules:

1. **Time Limit:** Each participant will be given **5 minutes** to complete the bed-making task.
2. **Standard Setup:**
 - Participants will work with a **standard single bed size**.
 - Provided bedding includes flat sheet, pillowcases, blanket/duvet.
3. **Cleanliness and Hygiene:** Hands must be clean, and personal hygiene should be maintained throughout the competition.
4. **Tools and Supplies:**
 - All materials and supplies will be provided.
 - No personal tools or supplies allowed.
5. **Professionalism:** Participants must demonstrate appropriate conduct, including neat appearance and interaction with judges.

Judging Criteria:

1. **Neatness (30%):**
 - The bed should be smooth with no wrinkles.
 - Pillows should be neatly arranged.
2. **Correctness (20%):**
 - Correct placement of fitted and flat sheets.
 - Proper alignment of the duvet/blanket.
3. **Speed and Efficiency (30%):**
 - The task must be completed within the allocated time.
 - Efficiency without compromising quality.

4. **Safety and Technique (20%):**

- Proper posture and techniques to avoid injury (bending, lifting, etc.).

Disqualification:

- Use of unauthorized equipment.
- Incomplete or improperly made bed.
- Violation of time limits.